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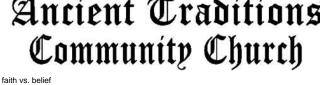
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"Faith is not the same as belief." Nearly every time I present this postulate, I am met with a long pause or a raised brow. The daring will finally ask, "How can that be possible?" Like many words in the English language that are taken as synonyms, these two words actually express quite different concepts. But in order to understand the difference, one must explore deeply the processes of the rational mind we know — and the non-rational mind we don't know. It behooves us to examine just what we mean by the word "knowing", also.

Do you remember believing in Santa Clause? The Tooth Fairy? The Easter Bunny? Do you po you remember beileving in Santa Clause? The Tooth Fairy? The Easter Bunny? Do y remember the hope of anticipation, the joy at discovering mysterious gifts, the peace of "knowing" such benign beings looked after us? My youthful worldview was shaped by such bellefs and the experiences that seemed to "prove" them. As my physical brain matured and I gained practical life experiences, Common Sense began to form, which I define as the ability to assess the probability of information being true or useful if acted upon. Eventually my young but skeptical mind demanded a higher level of proof, and failing that, concluded from the evidence that Mom and Dad were the true providers of the gifts. When my beliefs changed, my World View likewise was forever changed.

History tells us that society once believed the earth was flat. Adventurers were mortally afraid that a ship could sail off the edge of the planet to certain death. People once believed that the sun and moon were just out of the reach of birds. Whole cultures develop Common Sense, too, as humanity matures and the knowledge derived from practical experience is preserved and passed down through the generations. Curious, skeptical minds found ways to gather the evidence needed to deduce that the earth is in fact round, that the sun and moon are quite far away – and our collective World View likewise changed.

Beliefs, then, are mental constructs, conclusions about reality. My perceptions are continuously filtered and shaped by my World View. My experience is a product of these interpretations, and as such cannot "prove" my beliefs. Think about it: if not for the indevelling Presence at my core, I would be unable to recognize this phenomenon. My conditioning would hopelessly trap me with no possibility of escape. My awareness allows me to inwardly detach from my own processes, where I can observe them with objectivity. When I examine my life, I realize that my beliefs continuously change over time. The faculty of formulating beliefs, or working hypotheses, was meant to serve as a frame of reference to help us navigate through life with integrity and purpose. As I gain ever more practical knowledge validated in the manifested world, my beliefs come closer to describing reality. Unfortunately, we mistakenly accept beliefs as reality, fearfully clinging to them as we would a life preserver.

So what, then, is Faith? Our limited, finite minds cannot directly perceive the All, or God. However, we can perceive "evidence of things unseen". We use our minds to intuit the Presence of the Eternal Creative Power. Just as we "know" Love by experiencing it – even though it is impossible to pick it up, or to perceive it with the physical senses – so we can "know" God. Since God must be the Esence of Every-thing, God is also my Essence. I can intuit that my relationship to God is akin to the relationship each individual cell has to my body as a whole: I am a microcosm within the Macrocosm.

Have you ever wondered why we are driven to search for our Source? Why we persist in grappling with questions that are beyond our ability to comprehend? These pursuits are evidence of Faith: the upwelling of an innate, non-rational "knowing" that there is far more to Life than meets the eyel

There persists the belief that a seeker must be saturated with the "right" set of beliefs in order to "produce" Faith. This brainwashing does produce "group-think", a most formidable force capable of controlling fearful people, disempowering them by cultivating distrust in their own perceptions. In such a state we accept beliefs just because others share them - how could so many people be mong? Even though 1000 people believe differently than I, my hard-won truth is not negated. In fact, society may be unconsciously waiting for those of us with the courage to step forward and declare that the Emperor is wearing no clothes. There is no need for fear, guilt or shame when letting go of belist that no longer serve one, that defy one's maturing Common Sense, one's deepening Understanding, one's emerging Faith. Clearly, this is rather the mark of a growing, evolving Human Being.

Beliefs can actually block Faith. Many of us, unable to swallow the beliefs put forth by some churches, turned a "deaf ear" to the inner promptings of Faith, even declaring ourselves to be "atheists". I experience Indwelling Faith whenever the Mind attains stillness and the Heart opens, even if only for a moment. Externally acquired beliefs change; Indwelling Faith endures. Faith informs me that I will come to know who I am by finding God within.

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