

**EXTREMELY URGENT!**

***ACTION PLAN  
FOR SHIFTING PARADIGM  
and Saving Humanity from Extinction***

*by*  
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***Will Humanity survive even the next decade, the way things are going?***

This question is not just rhetorical. And even if we should survive accelerated climate change, financial collapse, nuclear wars, natural catastrophes, famine, new diseases, dangerous experiments and genetic manipulation gone amok, the next question is: Will we be able to live in minimally decent conditions in the future, if we don't drastically change course now, and very fast?

***All the urgent problems we are facing are man-made, so we do have a choice, and we can stop this chute into oblivion or hell, if we all act together, fast, intelligently and coherently.***

***HERE IS WHAT TO DO:***

***First of all we must develop critically heightened awareness. We must learn to see through the turbid mists of distraction and deception that we are being served daily by media and politicians. We are in fact sitting on the deck of the Titanic, blind to the enormous iceberg right in front of us, because we are distracted by deck games and entertainment.***

***We must become aware of what is going on behind all the smoke and mirrors. We need to know what those in power are not telling us. And it's a lot, I can assure you.***

***Next, we need to figure out how to produce the necessary change.***

Once we realize what we are up against, then we also realize that our role is that of little David fighting mighty Goliath. It's obviously useless to try and defeat him with force. Nor is it productive to sabotage and destroy whatever it is that we don't want. Instead we have to concentrate our energy on bringing out and applying better alternatives which will make the old noxious structure obsolete, and make it crumble all by itself. The change won't come from our rulers. It has to come from the grassroots all acting together. And don't worry: far better working alternatives do exist.

Now, let's start by acknowledging that nothing exists that did not begin with a thought, sprung from consciousness and activated by purposefully directed energy. Energy follows thought. So *to*

***change the world we have to change the way the world thinks.*** But action, whether constructive or destructive, needs more than thought; it requires that thought be fired up by emotional energy – by either desire or fear.

It's not easy to change thought patterns, even in ourselves, let alone in others. Yet, this is what the entire apparatus of publicity and propaganda, both commercial and political, is working at day and night. The only way they can succeed is by appealing to our fears and desires, because it's always the emotional aspect that calls us to action, never a thought on its own.

So who has the best ability to change people's thoughts, fears and desires? – Unfortunately, shortsighted power-greedy people with enough money and media control to stage massive and clever enough campaigns – yes, as in presidential election campaigns – based on deception, lies and hollow promises. They get away with it because most people are gullible, ignorant and easily swayed by emotions. In addition, most people on their own feel intimidated and powerless before the overwhelming might of the establishment.

Our crusade for peace, equality, fairness and justice, based on an equitable distribution of the world's resources and sustainable economies, truly amounts to a David's fight against Goliath.

If anyone thought that we might get help from free independent media, forget it! All the important ones are run by the same money that runs the presidential candidates and congress. I am talking in terms of the US now, because that's where the Power still resides that for the last 60 years or so has dominated the world financially, and via military bases in most supposedly sovereign countries around the globe. Not to mention Space. Though this is about to change dramatically, in today's globalised capitalist society the same money still rules most of the world's media.

***Until 15 years ago I would have said that we were up against a hopeless fight, but today our David has found his sling-gun in the Internet and mobile multimedia telephones with their power of "viral marketing".***

So what action must we take, if we are to save a livable and peaceful future for ourselves and our children on a healthy planet?

***Simply put, we must commit ourselves to the formidable task of dismantling the entire multi-trillion military-industrial complex, including the global armament industry and the "Big Foursome" oil-chemical-pharmaceutical-agrofood global business conglomerate. Then the present stranglehold on all economic activities by the global banking system, led by the Federal Reserve and the Bank of England, will also loosen automatically.***

***The way to do it, is to stop buying from them, making ourselves independent of them by creating something better and more wholesome than what they offer us. Excellent alternatives do exist, though we have been prevented from accessing them, and even from knowing about them.***

To make the evil all-powerful global infrastructure, that Eisenhower called the military-industrial complex, dissolve and tumble, we must join as many as possible and pull all together, in a concerted effort, in the same direction. It's a matter of critical mass. It's a matter of People Power. Therefore, it is – and must be – a long term assignment. Yet perfectly feasible, given

enough time.

*As we all know, we are running against the clock – much like an action thriller, where we have to defuse a time bomb that is ticking fast towards the moment of no return.*

*It's a fundamental insight and wisdom that in order to replace something bad with something better, one should not waste resources and time attacking and destroying what one wants to replace, but build a better alternative to take its place, and let the old, now obsolete structure disintegrate by itself when it is no longer needed or wanted. We have to concentrate on what we want, not on what we do not want.*

*It's pointless to fight darkness with more darkness. The way to go is to light a candle – or better still a few billion candles – and the darkness will give way and lose all its power.*

All the people, money and material resources now being deployed destructively by the armament industry and the military, must instead over time be applied to solving all Humanity's most pressing problems, including those of global warming, environmental pollution, hunger and malnutrition.

As for the need of "defense" against "global terrorism", anyone with a minimum of awareness and rational observational power should have realized long ago that no terrorist threat exists, or has ever existed, against the USA – nor against the rest of the world. The so called terrorist threat is but a clumsy ploy, orchestrated to achieve a series of political, strategic and financial goals by deceitfully intimidating the population and paralysing it with fear. Besides, even if such a threat really did exist, the least effective way to counter it would be by modern nuclear warfare. It would be just as intelligent as using nuclear missiles to kill mosquitoes. The only way to deal with terrorism is by cleverly and subtly removing its cause and popular support, not by pouring oil on any existing little fire.

Even if we agree that attack on the oppressor is not the best way to go, we may still have to practise selective civil disobedience or non-violent and non-destructive sabotage, letting our conscience and consciousness speak out louder than our fears.

Historically, individual protesters have had little success, but *when many enough join forces in peaceful protest, then even the most brutal dictatorships have had to give way in the end.*

I also insist that we have to be aware of who our adversaries are, and what we are up against. This is necessary in order to understand what has to be done, why we have to do it, and how to go about it.

*Henry Kissinger, apparently one of the masterminds behind the sinister so called New World Order, has allegedly declared that the recipe for controlling the nations is controlling the oil, and for controlling the people is controlling the food. And that is precisely how the US government operates, and has been operating for the last three or four decades.*

So here is my analysis of the situation and of what we have to do:

**One of the key foundations for a better future without the military-industrial complex is to make everybody self-sufficient in terms of energy. In other words build or buy your own**

**solar or wind generator, or a fuel–cell generator, that will enable you to laugh at the rising oil prices and the ever more common blackouts.** It's easy to buy and install household units of either of these. See for instance <http://www.poweraircorp.com/> – See also:

<http://www.cheniere.org/toc.html>

Many more alternatives can be found on the Internet. Search for them on Google.

***Get rid of your old car, if it runs on gasoline or diesel, and buy an electric car that you can charge in your own garage from your own solar or wind power or fuel–cell generator.*** Or buy a car that runs on hydrogen from ordinary water only, as they become available. They already exist though their commercial marketing has been sabotaged by vested oil interests. Don't settle for gas, or a hybrid, and much less so called bio–fuel. Be radical and go all the way. In that way you deprive Big Industry & Finance of its power over you.

A new water–fuelled car has been launched in Japan just this last month (June 2008). Check out

<http://www.genepax.co.jp/en/>

[www.youtube.com/watch?v=2YYhsw9hbOo](http://www.youtube.com/watch?v=2YYhsw9hbOo)

[http://peswiki.com/index.php/Directory:Genepax\\_Co\\_Ltd](http://peswiki.com/index.php/Directory:Genepax_Co_Ltd)

Another inventor, Stan Meyer, reportedly invented a hydrogen fuel cell that converts any automobile to run on tap water. Stan Meyer, typically, was murdered shortly after his invention was made public, and – according to his brother – representatives of the US government appeared shortly after his death and confiscated his research papers, prototypes and everything to do with his invention.

Here are a few links on the subject.

[http://www.youtube.com/watch?v=h75\\_TGiwg78](http://www.youtube.com/watch?v=h75_TGiwg78)

<http://www.youtube.com/watch?v=8stApCmxYEM>

<http://www.wam-a-bam.com/>

Scan the Internet for free energy sites. Go to Google and type in "free energy".

One site is [www.TheOrionProject.org](http://www.TheOrionProject.org)

Another is [www.steorn.com](http://www.steorn.com)

Yet another <http://freeenergynews.com/>

Think about it: If nobody needs oil, it becomes worthless, and then there is no point in going to war over oil, is there? A major step in the right direction. There is far more to fossil fuels than pollution and global warming.

***Next, refuse to give any kind of support, in any way, to anyone who favors, works for, votes for, or otherwise allows spending on war or weapons of any kind, anywhere, for any reason.***

Do the same with anyone – producer, distributor, movie theater, TV channel, advertiser, etc. – who is involved with the production, promotion, distribution or screening of films or TV programs showing and encouraging violence as entertainment. I am not talking about objective bona fide documentary reports from actual war scenes, which I think people need to be informed about.

In other words you should boycott all movie theaters, TV channels etc, that show violence for no good reason. In our society nothing speaks louder than money, so if those behind media violence see that people stay away rather than flock to their bait, then they will very soon change their

ways. Remember that in TV the rating is what determines the number and price of advertisements, and consequently the profits. If a program gets low ratings, then it will very quickly be discontinued. So you see: you are not powerless.

What else? After oil and armaments, the next most powerful and pernicious industries are ***the chemical and pharmaceutical industries, both outcrops of the original Rockefeller oil monopoly.***

The chemical industry has already had its skirmish with the ecologists, but we need to ***be adamant in our demand that no environmentally harmful chemicals can be tolerated, and buy only non-toxic bio-degradable products.*** Again, we have to follow the trail and boycott everything that includes harmful chemicals, and everybody who promotes, sells or distributes such chemicals. Make them feel it in the pocketbook, and let the money speak. And be sure to let them know the reason for your boycott. There are plenty of better substitutes, if we only take the trouble of looking for them. The Internet is a good place to start. If many enough of us do this consistently, we will get results.

Now we come to ***the pharmaceutical industry***, which is one of the most profitable and powerful of all. What most people ignore, is that it is not only powerful because of its obscene profit margins, but it has managed – thanks to its financial muscle and unscrupulous use of prostitute "science" – to become ***the dominant influence over the medical monopoly of modern western society.*** With a legislation in place that gives exclusive rights to the officially sanctioned so called orthodox medicine to treat most illnesses, the pharmaceutical industry has succeeded in becoming the arbiter for that medicine. This means that practically all research nowadays is performed or funded by the pharmaceutical industry, and is – under false labels as science – tailored to their profit interests. People paid by the pharmaceutical industry decide to an overwhelming extent which new drugs should be approved, and what should be published in so called peer-reviewed professional journals. In addition, the only ongoing follow-up "training" the doctors get after leaving medical school, is continuous propaganda from the pharmaceutical industry.

Don't you think it's gone too far, when experienced medical doctors, who use remedies or treatments not approved as profitable to the pharmaceutical industry but who actually cure illnesses officially declared incurable (but treatable at great profits for the pharmaceutical industry) can be raided, have their equipment and files confiscated, be put in jail and deprived of their medical licence for "malpractice"? – This is not just a scarytale, but fact; it has happened many times in the US, and continues to happen. Even if such a doctor cannot actually be pinned down legally, he can always be sued for something invented that will force him to fight a ghost trial in court that will bankrupt him, crush him, and put him out of business for ever.

***There are dozens of cheap proven cures for cancer, for instance, all of which have been declared illegal in the US and most of the Western world.*** No doctor, however knowledgeable and experienced and with no matter how high success rates, can use any of them and stay in business in the US. Therefore American citizens have to go to Mexico to be cured of cancer by American doctors in exile. Someone put it this way: "In the USA, it costs x million dollars to die of cancer".

***AIDS is another example of medical-political state terrorism. AIDS is perfectly curable,*** and it is not caused by any invented fanciful retro-virus, but by drugs, parasites, depression and

malnutrition. It is not contagious and has nothing to do with sexual relations. ***The HIV test is a cruel and extremely profitable fraud, and one that kills.*** A positive test result has absolutely no significance in terms of the health status of the patient, and much less as an indicator of future illness, but since it has been authoritatively proclaimed to signal imminent incurable AIDS inevitably leading to death, it is directly and indirectly causing masses of unnecessary human tragedies and deaths.

The fact is that the so called HIV has to date never been isolated in a patient, and never even been proven to exist, much less to cause any illness. I know this sounds absurd in the face of the relentless media campaign – yet it is the plain truth, and anyone who is willing to take the trouble to investigate, will find that out for him– or herself. The only thing a positive test shows is the presence of unspecific antibodies, that can be caused by any one of more than 60 common conditions, including hepatitis, all kinds of vaccinations, influenza – and pregnancy! And this test has been routinely used to pronounce death sentences and force outrageously expensive – and fatal – drug regimes on the hapless patients.

Interestingly, those diagnosed as "HIV–positive" who stay calm and refuse to take the DNI–terminator drugs fraudulently labeled "anti–retrovirals", usually survive in perfectly normal health – many since the test was invented in 1984 – whereas those who let themselves be scared into taking the "life–saving" obscenely expensive drugs, usually die within a few years on the drugs. But neither doctors and nurses, nor WHO and UNAIDS, seem to have noticed this curious little anomaly.

Everybody who carries a conventional health insurance or uses orthodox doctors or hospitals is unwittingly collaborating to maintain this system, which does little to promote health or quality of life, but everything to promote the profits of the pharmaceutical industry, and – I dare say – line the pockets of many politicians.

The latest craze is ***vaccinations for all sort of things***, and the establishment is now – greedier than ever – intent on inventing new vaccinations and making them compulsory, forcing them on entire populations. The wonderful thing about this concept for the pharmaceutical industry, is that they only have to sell their vaccine once in each country – to the appropriate authorities – by hoodwinking them, or bribing them sufficiently – and then the government – with the taxpayers' money – buys vaccines from them for 100% of the population. Potentially 6 billion consumers world–wide. What a fantastic business! – But wait a moment! – Who owns the companies that produce and sell the vaccines? Isn't that people in, or very close to, the governments who pass the laws to make the vaccinations compulsory...?

Then there is another aspect to mass vaccination programs, that nobody has told you about. These vaccination schemes are now also a design to selectively and secretly control certain populations by injecting them with vaccinations that are "tainted" or "polluted" with other drugs or chemical substances for specific effects or trials. Rather than prevent, they often cause serious illness. And it is easy to instigate a vaccination campaign by announcing a new epidemic.

No vaccination is without risk, yet the effect of most of them has never been proven. But they are BIG business. Whatever you do, don't buy into the vaccination craze. Refuse as long as you can. And fight for your right to decide, yourself, what you want to have injected into your body, or your children's bodies, based on properly informed consent.

You cannot trust the establishment. It has been brainwashed by the pharmaceutical industry, and is in turn trying to brainwash us all via their obedient servants, the media.

***One of the latest plots of the pharmaceutical industry in Europe and the US is to disarm those in favor of effective natural therapies, by making it illegal to sell necessary vitamin and mineral dietary supplements without a medical prescription.*** The pretext for this is that too much of these natural substances can be harmful for you! The true reason is of course that these supplements may keep you healthy so you won't need their expensive drugs.

At the same time Big Pharma blatantly advertises truly dangerous drugs on TV, telling you to ask your pharmacist or doctor for them. We need to defend our right to health and our freedom of choice with teeth and nails, pestering congresspersons and senators about such nefarious and shameless schemes day and night till they get the message: *We know what is going on, and we just won't take it any more!*

***The best way to disempower the pharmaceutical industry is to refuse to use its products, and refuse to consult its representatives, i.e. orthodox doctors, hospitals, and pharmacies, as far as possible.*** I admit that there are occasions when these are necessary, and do a brilliant job, mostly in emergencies, such as life-threatening heart episodes, asthma or allergic shocks, or serious accidents, and where there are no alternatives. However, even in these cases, we should insist on less toxic remedies, less invasive operations and supporting natural treatments.

***We all need to vote with our feet and our pocketbooks, and use our common sense.*** We must do our own research on the Internet, and take responsibility for our own health. I recommend consulting reputable holistic or alternative health practitioners as our first choice, even if it carries a slightly higher out-of-pocket cost, because the insurance does not pay for it. I can assure you that the extra out-of-pocket expense is well worth it in the long run. The true total cost for conventional "orthodox" medicine to society and the taxpayers as a whole, is of course far, far higher – many, many times that of any holistic alternatives that are often more effective.

OK, so we have come to the last of the fearsome Four: ***the Agrofood business***. As with the other three – and perhaps more so – we have to dig deep to uncover the unwholesome truth.

This is a complicated one, that includes discriminatory trade policies, agricultural chemicals, such as pesticides, herbicides, fertilizers, and hormones for cattle. It also includes preservatives, food cosmetics, and a host of additives, many of which are potentially harmful for the consumer, as well as for the environment, and all of which are there for competitive reasons: to give the products a longer shelf-life, and to make them more profitable.

Since Nixon's presidency the US has aggressively pursued a policy of reducing the number of family farming and individual small food businesses, while supporting giant monopolistic agrobusiness conglomerates, and helping them to gain global control over the food trade. This deliberate policy has had a lot to do with the periodic famine suffered by many regions in Africa and other developing parts of the world.

The intensive industrial agriculture that exhausts the soil of its nutrients in order to produce more and faster for short-term profits, is obviously harmful in the long run, and may ruin the capability of the soil to yield useful food crops for a long time to come. Artificial fertilizers have negative long term effects, as do all so called mono-cultures.

In contrast, organic and biodynamic agriculture cares for the health of the soil, for the quality of the product, and for the health of the consumers. It has been a little more costly to produce up till now, because of the smaller scale, but it is becoming as profitable as industrial agriculture, and in the long run more profitable because of its long term sustainability. Organic products are far healthier and better tasting, and more and more people have discovered their benefits, and gladly pay more for them and travel further in order to buy them.

So here's another thing to do in order to save the world, and create a better future for us all: ***Buy organic products locally whenever possible, and if none are available, grow your own! And above all avoid products made by big agrobusiness with harmful chemicals.***

There are natural methods to enhance agricultural yield without chemicals, far beyond what the chemical agriculture is capable of. They cost less yet produce higher quality products. However, they do not get publicised because they are a threat to Big Foursome's profits and control of the market, and therefore blocked by media. The only way to get to know them is on the Internet, or from mouth to ear. Check out, for example, [www.sonicbloom.com/](http://www.sonicbloom.com/)

***MOST DANGEROUS OF ALL is genetically manipulated (GM) products.*** This is truly a Pandora's box. Nobody knows what long term consequences may come from naïve or irresponsible scientists playing God, and perversely manipulating Nature for their own glorification and profits.

Since it is the all-pervading Powers that are behind this, and they dictate the laws of the US, nothing on the food labels there tells you that it is genetically manipulated or engineered. Luckily for Europe, at least for the time being, European laws do require GM products to be labeled as such, and most Europeans wisely enough reject GM products. But the European Union is under very strong pressure from the US to change its attitude regarding GM products.

The most fearsome, perversely greedy and megalomaniac expression of this policy is the conspiracy of the US federal government with Monsanto and related bio-tech companies to create ***a patented worldwide monopoly on seeds***, producing so called terminator seeds that are sterile so that all farmers will be obliged to buy new seeds from Monsanto et Cie every year, instead of saving their own seeds from one year to the next as all farmers have done since Humanity invented agriculture some 10,000 years ago. This is nothing less than an attempt to forge ***a planet-wide monopoly on Life***, a power over who will eat and who will starve to death. Remember Kissinger's words: "Control the food, and you control the people".

At the same time, biodiversity, which is the very essence of Nature's long term evolutionary success, will disappear and leave us exposed to all kinds of disease and extinction threats as a consequence. It's hard to fathom how anyone can hatch such a mad, shortsighted and monstrously megalomaniac idea. Yet billions of dollars are being spent to make it reality, with the full support of the US federal government, both under the Democrats with Clinton and under the Republicans with Bush. Incidentally, this kind of agro-policy has already been forcibly imposed on Iraq by the US.

***The very least we can do is boycott everything to do with Monsanto and their products, spread the word, and avoid all GM products like the plague.***



Also be aware that most of ***the health scares that are constantly being touted by media*** at the instance of the pertinent authorities, are false, or at least grossly exaggerated, used as motivation for measures to manipulate and control, either farm products or cattle, or people, or sell vaccines etc., all in the profit interest of big industry. I am talking about such things as the SARS scare, the Anthrax scare, the Asian bird flu scare, the "mad cow" disease scare, the foot and mouth disease scare, and so on.

***Finally, here is the all important Bottom Line – a brief summary of our urgent task:***

As a society we have to overcome our present addiction to unsustainable endless growth of material goods and power over others. Instead of being driven by fear and greed, leading to ruthless competition, conflicts and wars, we must realize that ***happiness and peace depend on respect for Nature, on ethical and spiritual values, on love, solidarity and cooperation.*** We need to honor the right brain with its holistic, holographic, intuitive, artistic, emotional and life-supporting qualities, to achieve a balance between the masculine and the feminine, between the material and the spiritual, between the parts and the whole, between the trees and the forest.

There is no scarcity. Our planet can support many more people than those who live on it today. Instead of spending trillions of dollars every year on destructive weapons and wars, that money can be used to cultivate deserts and seabeds to produce food for everybody, to produce clean free limitless energy for everybody, and allow everybody to live creatively in abundance and peace.

***All that is needed is a shift in consciousness, values, and focus.***

***A LIVABLE FUTURE can only be created on the foundations of a new value system that is totally different from the materialistic one our present society is built on, together with acutely heightened holistic awareness in all of us.***

We must expand the boundaries that define our social and emotional identity and belonging, from being drawn at the levels of family, tribe, province, country, race, religion, or language, to include the entire planet and all Life on Earth. We now all belong to one and the same planetary family. We are all one.

***This is a dramatic and profound shift of paradigm. Yet it's not only possible, but absolutely necessary, if we are to survive in minimally acceptable conditions.***

Such a shift, which in earlier times might have taken several centuries, can now, with the present speed and reach of our communication system, be achieved within a single generation.

***Nay, I believe it can be achieved in a single decade, starting right now.***

Therefore, let's network and muster all we've got to create a solid foundation for a new and better world for all of us by 2018.

***THIS IS VERY, VERY URGENT, so don't let's waste another moment!***

